TUESDAY, MARCH 24, 2020: PRECONFERENCE WORKSHOP

4-6 pm: PRECONFERENCE WORKSHOP (*Space is limited to 40 people. Snacks and beverages provided)
Ethics and Professionalism: Everything you need to know about ethics but are not sure what to ask
Kevin Wack JD, MA, MTS

Through a combination of lecture, case studies, and discussions, participants will enhance their knowledge about Georgia’s Advance Directive for Healthcare; how to maximize patient autonomy; how advance directives can be vague and require difficult decisions to be made by surrogates, family members, physicians, and healthcare team; and the inability to predict every situation or potential medical/nutrition intervention. Terms such as DNR, DNI, Comfort Care, and POLST will be reviewed as well as how nutrition interventions relate to these terms.

Hosted by the Georgia Dietetic Foundation

ANNUAL CONFERENCE AND EXHIBITION 2020

DAY 1: WEDNESDAY, MARCH 25, 2020

7:45 am- 8:45 am: REGISTRATION AND BREAKFAST

8:45 am to 10:15 am: WELCOME AND GENERAL SESSION (1.5)
Diversity is YOU, JoAnne Hill, Executive Director of Diversity and Inclusion, Piedmont Healthcare
An overview of diversity and inclusion in the realm of healthcare, nutrition and being intentional across the board

Being Culturally Competent Isn’t Enough: Why Being an Advocate for Diversity is Critical to the Dietetics Profession, Tamara Melton, MS, RDN, LD, CPHIMS
The clients and patients that nutrition and dietetics professionals work with are becoming increasingly more diverse. This session will discuss the reasons why all dietetics professionals need to go beyond traditional cultural competency skills to stay relevant in the increasingly competitive nutrition and wellness market. The speakers will highlight practical resources that dietetics professionals can utilize to increase their cultural sensitivity and to better serve their communities.

10:20 am - 11:20 am: GENERAL SESSION (1)
Expect the unexpected: Do’s and Don’ts of working with the Media, PANEL: Melissa Majumdar, MS RD CSOWM LDN, Kristen Smith, MS, RD, LD, Rahaf Al Bochi, RDN, LD, Jerlyn Jones, MS MPA RDN LD CLT
Four Academy of Nutrition and Dietetics National Media Spokespeople share their media experiences and lessons learned. Learn the do’s and don’ts of media interactions from Academy trained dietitians with 100s of interviews on their resumes – from on-screen at CNN to Food & Nutrition articles, to on-air international radio shows. We’ll share expert tips on connecting with the media, building your brand, staying true to evidence-based nutrition, and preventing media mishaps.

11:20 – 11:35 am: BREAK

11:35 am – 12:35 pm: CONCURRENT SESSIONS (1)
Health Coaching 101: Navigating the Trend as an RDN, Jessica Collett MS, RD, LD, CLC, ACE CHC
Health coaching, both in person and remote, is a fast-growing trend in health care. There are many entities that offer certifications for health coach professionals, but this presentation will focus on those that collaborate with RDNs and the Academy to ensure appropriate scope of practice and referrals to RDNs for MNT. The presentation is also an opportunity to understand how health coaching works, with emphasis on motivational interviewing and SMART goal-setting, and examples of when coaching vs. MNT is appropriate.

Boost Your Brand with First Class Web Writing Skills, Kathleen Zelman MPH, RDN, LD
Nutrition communications have changed dramatically over the past decade. Citizen scientists, celebrities, and scaremongering in our social media-driven world have made nutrition communications more challenging than ever. This lecture will explore how RDNs can heighten their web writing skills to attract more followers and write with authority messages that resonate with consumers while staying true to evidence-based research.

12:35 pm- 2:35 pm: EXHIBITS, POSTERS, Flash Sessions & BOX LUNCH (1.5)
### 2:25 pm - 3:35 pm: CONCURRENT SESSIONS (1)

**How to Eat: Reconnecting with our mind, body, and food**, Lo Bannerman MS, RDN, LD

In this discussion, we examine our world's ever-changing relationship with food and discover our own biases and traits related to eating. We address three opportunities to reconnect with our food and discuss multiple ways to increase mindfulness in our daily routines.

**Remodeling the House (of Delegates) Yields Positive ROI for RDN Profession**, Tracey Neeley MS, RDN, LD

House of Delegates is EVOLVING to better represent the changing needs of the RDN profession. Emerging issues include: Relevance of the Total Diet Approach, Technology/Food Data & Updates to Evidence-Based Practice will be discussed. Georgia members were given the opportunity to respond to surveys on The Total Diet Approach and Big Data topics prior to the Fall meeting. Come learn the results. Listen to the sound of your voice!

### 3:40 pm - 4:40 pm: GENERAL SESSION (1)

**A Mayor's Perspective on Supporting a Healthy Community**, Patti Garrett MS, RDN, LD and Mayor of Decatur

The presentation will focus on the efforts in Active Living, Nutrition and all of the programs Decatur has in place to improve the health of the Decatur work force. Information on the specifics of the program, how it has evolved over time and the health impacts that the City of Decatur has been able to document will be presented.

Sponsored by Georgia Dietetics Foundation

### MEMBERSHIP SOCIAL & GEORGIA ACADEMY AWARDS PRESENTATION

4:40 pm - 6:30 pm at the conference hotel

Make plans to attend this special event featuring presentation of the Georgia Academy Awards, networking, and more! All members are welcome to attend.

### DAY 2: THURSDAY 26, 2020

#### 6:15 to 7 am: Wake-UP, Work-OUT

Exercise Session, Work out with Susanna, Susanna Proctor Kosac RD, CNSC, LD and LA Fitness Instructor

#### 7:45 am - 8:30 am: REGISTRATION & CONTINENTAL BREAKFAST

#### 8:30 am - 9:30 am: CONCURRENT SESSIONS (1)

**The Role of the RDN in Integrative and Functional Medicine**, Margot Witteveen, MS, RDN, LD

Consumers are seeking integrative and functional medicine (IFM) as a treatment option to many chronic diseases and conditions. During this session, the presenter will define IFM and how nutrition fits into the framework of integrative medicine and can complement traditional medical care. Furthermore, discussion on how RDNs can practice integrative and functional medicine/nutrition in a variety of settings.

**Mindful Eating in the Modern World**, Jennifer Hnat RDN, LD

We now know that diets and restriction can lead to disordered eating behaviors, fueling the growing interest in mindful and intuitive eating. Developed by two dietitians in 1995, intuitive eating is a self-care framework to delete diet behaviors and mindful eating can help clients reconnect to the present moment instead of repeating default eating patterns. Dietitians would benefit from understanding the evidence-based concepts of mindful and intuitive eating to properly counsel their clients towards making peace with food and their body in the noisy modern world.

Sponsored by Am I Hungry! By Dr. Michelle May MD

### PROGRAM OBJECTIVES & CONTINUING EDUCATION

- Review current recommendations and guidelines affecting nutrition practice.
- Provide professional development opportunities in a variety of practice areas.
- Strengthen learning opportunities with colleagues and leaders in the field of nutrition.

*The number in parenthesis is the CPE credit(s) for the session as approved by the Commission on Dietetic Registration.*
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>9:35 am - 10:35 am</td>
<td><strong>CONCURRENT SESSIONS (1)</strong></td>
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<td><strong>Embark on Your Private Practice Nutrition Reimbursement Adventure</strong>, Denine Rogers MS, RDN, LD, FAND</td>
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<td>Starting a Private Practice can be overwhelming but becoming a nutritional reimbursement provider can truly put you through an adventure. Learn how to get through the nutritional reimbursement insurance maze.</td>
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<td><strong>Changing plates and minds: Nutrition and Physical Activity Advancements in Early Care Environments</strong>, PANEL: Abbie Chaddick RDN, Debbie Kibbe MS, Christi Kay Med</td>
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<td>Georgia is part of a national movement to enhance nutrition and physical activity in early care environments. Learn how cross-organizational coalitions are working together to support early care providers in offering healthy, nutritious food, nutrition education, and developmentally appropriate physical activity through state agency supported initiatives. Attendees will have the opportunity to experience hands on activities.</td>
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<tr>
<td>10:35 to 10:45 am</td>
<td><strong>BREAK</strong></td>
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<td><strong>GENERAL SESSION (1)</strong></td>
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<td><strong>FoodMASTER - Reach to Teach</strong>, Sylvia Escott-Stump MA, RDN, LDN, FAND</td>
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<td>Academic success in math and science promotes success throughout life. FoodMASTER: Reach to Teach provides participants with an overview of STEM Education and introduces the FoodMASTER Initiative: the “Food, Math And Science Teaching Enhancement Resource” program. These curricular tools use food to teach mathematics and science, with documented results. The goal is to enhance teacher capacity, guide children and teens in science aptitude, and increase the pipeline of minority and women students entering STEM professions. There is no better “science champion” than a dietitian-nutritionist!</td>
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<td><strong>Sponsored by Small Bites Adventure Club</strong></td>
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<td>11:50 am - 1:30 pm</td>
<td><strong>LUNCHEON</strong>, Business Meeting, Academy Awards Presentation, &amp; Socializing</td>
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<td>1:40 pm - 2:40 pm</td>
<td><strong>GENERAL SESSION (1)</strong></td>
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<td><strong>Show Me the Money - How policy impacts you!</strong>, PANEL: Ashley Mathews MS, RDN, LD, CNSC, PMP, Michelle Gooden RDN-AP, LD, FAND, Robin Stegall MSPP, RDN, LD, David Orozco MS, RDN, LD</td>
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<td>As dietitians working in a myriad of professional practice arenas, we are all impacted financially- whether it be personally, via our private practice bottom line, our institution’s costs or the patients that we serve. In this presentation, we will have a panel of dietitian policy experts share how policy influences the financial aspects of our career and those we serve.</td>
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<td>2:45p to 3:45 pm</td>
<td><strong>GENERAL SESSION (1)</strong></td>
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<td><strong>Farming with RDNs: What Nutrition Professionals Need to Know About Agriculture</strong>, Abigail Copenhaver MS, RDN, CDN</td>
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<td>An essential part of our food system is agriculture and food production. As experts, dietitians are frequently asked about food production as it relates to health, nutrition and safety. Attendees will gain a deeper understanding of the challenges farmers face on a daily basis. They’ll leave the session with the tools to help their clients and patients make informed decisions about complex and often confusing agriculture issues and the relationship between agriculture and health, nutrition and safety.</td>
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<td><strong>Sponsored by The Dairy Alliance</strong></td>
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**Courtyard Atlanta Decatur Downtown/Emory, 130 Clairemont Avenue Decatur, Georgia 30030**

Mention the "Georgia Academy of Nutrition" when booking a hotel room. Deadline to make a reservation at the discounted rate of $159/night is March 3rd, 2020. Marriott Central Reservations: 1888-236-2427 / Courtyard Decatur Front Desk: 404-371-0204 / Book [online link](#)

**CONFERENCE REGISTRATION & CANCELLATION POLICY**

The registration fees include program admission, access to attendee-only section of the Georgia Academy website to download handouts, exhibits, refreshment breaks, and meals on the days for which you are registered. *Cancellation of registration must be made in writing one week before the conference begins. Substitution of personnel is recommended in lieu of cancellation. Cancellations made less than one week will receive only a 50% refund of registration fee. Refunds for cancellations received less than four weeks prior to the conference will be issued after ACE concludes.*
Georgia Academy of Nutrition and Dietetics Presents 2020 Annual Conference & Exhibition (ACE)

Mail registration form and payment to:
Georgia Academy of Nutrition and Dietetics,
4780 Ashford Dunwoody Road, Ste A #512
Atlanta, GA  30338

Or register online at www.eatrightgeorgia.org
F: (404) 549-4644
info@eatrightgeorgia.org

Full Name:  

Academy of Nutrition & Dietetics Membership Number (if applicable):

Name preferred for name tag:  

Credentials:

Day Phone:  

Email:

Any Special Needs (Inc. requests for dietary restrictions or vegetarian meals):

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<tr>
<th>REGISTRATION</th>
<th>Membership</th>
<th>NON-Member</th>
<th>* STUDENT</th>
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<tr>
<td>** Preconference Ethics Workshop, March 24, 2020 **</td>
<td>□ $40</td>
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<td>(Late fee of $5 after March 10, 2020)</td>
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<tr>
<td>** Two Day Registration, March 25-26, 2020 **</td>
<td>□ $235</td>
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<td>** Wednesday Only Registration, March 25, 2020 **</td>
<td>□ $125</td>
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<td>** Thursday Only Registration, March 26, 2020 **</td>
<td>□ $110</td>
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<td>** Late &amp; On-Site Fee: Postmarked or registered on-line after March 10, 2020 **</td>
<td>□ $30</td>
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** TOTAL COURSE FEES:**

** GDA-PAC CONTRIBUTION (see below)  
** GDF CONTRIBUTION (see below)

Deduction for Primary Poster Presenter: Pay in full now, if waiting for acceptance. Refunds for presenter discount will be made no later April 17, 2020

** TOTAL AMOUNT DUE **

** METHOD OF PAYMENT TO GUARANTEE REGISTRATION **

Check (payable to Georgia Academy of Nutrition and Dietetics.)  
Visa  
MC  
Discover

Name as it appears on card:

Cardholder Signature:

Card #:  

Exp. Date:

* Faculty signature required for student pricing - Signature and title:

** The Georgia Dietetic Foundation is recognized by the IRS as a 501(c)(3) public foundation, thereby qualifying a contribution by a donor to the GDF as deductible for income taxes purposes. You may contribute to both the GDA-PAC and the GDF, to only one, or to neither. (voluntary)